

# MEADOWBROOK SCHOOL

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Good afternoon, Parents/Guardians,

Looks like winter is making a comeback after some wonderful fair-weather conditions as our students were able to enjoy recess outside over the last month. This is a reminder that students are expected to go outside for recess, and we ask that students dress appropriately for the weather as we know these Canadian winters can shift at any time! Here are some updates as we head into our Kindness Month at Meadowbrook:

## **Kindness Month and Kindness Ambassadors:**

Although Pink Shirt is hosted on Wednesday February 22<sup>nd</sup> across Canada, we are continuing our tradition of February being “Kindness Month” for our Bulldogs. Throughout the month of February, students will be engaging in classroom activities related to kindness and positive engagement within our school and peer relationships. Students will have an opportunity to reflect on those individuals in their classes that make a difference in modeling kindness and nominate their “**Kindness Ambassadors**” within their homerooms.

As a whole school, we will be working towards getting “**Caught Being Kind**” a total of 500 times for the chance to earn a spring Bulldog Bonanza! Each day, student leadership will offer different kindness challenges for students to try to complete. We are excited to see our students continue to build a culture of respect and kindness in our school and community!

## **Student Leadership Update:**

### **Valentine’s Day**

Valentine’s Day is quickly approaching. Leadership 8 will be hosting “Crush for your Crush”. Just like candy grams, students can buy a crush pop for themselves, a friend, etc. These will be sold the week of February 6-9 as a fundraiser for Changemakers fundraising.

February 6: Grade 6 buying day

February 7: Grade 7 buying day

February 8: Grade 8 buying day

February 9: Flex-day for any students that missed their day

These will be delivered to homeroom classes on Tuesday, February 14.

### **Pink Shirt Day**

On Tuesday February 28th, students & staff of Meadowbrook are encouraged to wear pink for anti-bullying awareness. We are coordinating with Bert Church to have a **guest speaker Sam Demma** to speak with students about mental wellness.

Watch Sam on **TEDx**  
[Small Consistent Actions](#)

Watch the [Empty Your Backpack Animation](#)

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**Ms. D Weaver**  
Principal

**Mrs. D Stapor**  
Assistant Principal

On this day, our Bulldog Changemakers club will also be hosting a pink-themed bake sale to raise funds for Pink Shirt Day Kids Help Phone Campaign.

Please email our coordinating teacher Ms. McPhee at [bmcphoe@rockyview.ab.ca](mailto:bmcphoe@rockyview.ab.ca) if you would like to donate baked goods towards this event.

**Spirit Days:**

Friday February 3<sup>rd</sup>- Shine Bright (with kindness)- wear neon or bright colors

Tuesday February 14<sup>th</sup>- wear pink or red

Tuesday February 28<sup>th</sup> – Pink Shirt Day for Meadowbrook

**Bulldog Athletics:**

Junior A Basketball: On Thursday, our Junior A teams had an opportunity to play in an extra-curricular tournament at Siksika Nation School before our teams headed off to the playoffs. The final basketball tournament which will determine seeding for playoffs will be Friday January 27<sup>th</sup> with the girls hosting at Meadowbrook and the boys away at Muriel Clayton. Junior A girl playoffs begin on Monday January 30<sup>th</sup> at Meadowbrook. Junior A boy playoffs begin on Wednesday February 1<sup>st</sup> with the boys playing at Muriel Clayton or CW Perry (schedules are pending Friday's tournament results). Depending on first round playoff results, our teams may move on to divisional finals which are played on February 8<sup>th</sup> in Langdon for both the boys and girls' teams. For any schedules of tournaments or playoff information, please refer to the Rocky View Middle School Sports page: <https://rvsa.rockyview.ab.ca/middle-school-sports>

Junior B Basketball: Sign-up for Junior B Basketball teams have started in our PE classes with lots of interest which is exciting to see! The official season starts on March 3<sup>rd</sup> with tournaments on March 3<sup>rd</sup>, 10<sup>th</sup> and 24<sup>th</sup>. Please stay tuned for practice times and tournament schedules.

Grade 6 Basketball: The Grade 6 basketball season begins in March and more information will be shared in PE classes for sign-ups throughout the month of February.

Please refer to any updates on our school calendar for practice and tournament information for teams in the current season.

A friendly reminder that all athletes and spectators are expected to adhere to the Rocky View Code of Conduct when attending any sporting events.

**Upcoming Meadowbrook Presentations for Parents:**

**"I Got Mind" presented by Bob Wilkie:** Meadowbrook and Heloise Lorimer Parent Council have collaborated to bring in Bob Wilkie to do an uplifting in-person talk on the social and emotional well-being of children. The session will be hosted in the Meadowbrook Learning Commons on Thursday March 9<sup>th</sup> at 6:30pm. We hope to see you there!

**Free Online Parenting Sessions:** Alberta Health Services, Stepping Stones, and Rocky View School Division are providing free online parenting sessions related to mental health and well-being for children and adults. If you would like to find out more information or sign-up, please see the attachments!

**Winter Preparedness:**

Students are reminded to be dressed and prepared to go outside for recess and certain Options (Sports Performance, Outdoor Education, etc.) courses in all conditions. Ideally, students should have proper footwear, coats, and mitts and hats to cover up extremities.

**Safety/Bus Transportation Updates:**

To accommodate our bus transported students, we remind all parents to ensure they are not dropping off students in the bus loading zones or the staff parking lot. Two of our buses must use the drop-off locations east of the school which have visible signage. Buses drop off students anytime between 7:55am and 8:08am, as school begins.

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Principal

**Mrs. D Stapor**  
Assistant Principal

We anticipate adjustments to bus drop-off times due to expected changes in weather conditions. We also ask that morning drop-offs remain in the designated areas across the street from the school or further down the block. Safety is the priority for our students, and we thank you for your support during the rush hour within our school zone.

**School Council Message:**

Partners of Meadowbrook Middle School Association would like to announce that funding from our most recent casino has officially been received from AGLC (Alberta Gaming & Liquor Commission). We'd like to share that the amount our school received was \$39,977.80! Thank you again to all the parents and staff that volunteered their time in July of 2022 to ensure the event ran smoothly and our volunteer commitments were fulfilled. In the coming months we will meet to discuss how best to spend these funds and support student learning. If you'd like more information, please reach out to [erin\\_leggett@shaw.ca](mailto:erin_leggett@shaw.ca) or join us at our next meeting on Monday, February 13<sup>th</sup>, 2023, at 6:30pm in the Learning Commons.

**Communication:**

A reminder that all our important dates and events are updated regularly on our school calendar on our main website at <https://meadowbrook.rockyview.ab.ca/calendar>. This can be added to your personal calendar if you click the + sign in the bottom right-hand corner of the page and events will be added as they are added by the office!

We also have social media pages through Twitter and Facebook. To follow our Twitter page, you can look up “@meadowbk\_rvs” and to follow our Facebook page, you can look up “Meadowbrook School”.

**Communication of Student Learning:**

Rocky View School Division has a document prepared to help parents understand student achievement. Please note, that students are graded according to their understanding of outcomes throughout various types of assessments to demonstrate and communicate student learning. Please refer to the link to find out more information about accessing PowerSchool and understanding real time reporting: [https://www.rockyview.ab.ca/schools/learning/powerschool\\_information](https://www.rockyview.ab.ca/schools/learning/powerschool_information).

Teachers are communicating student learning in course outcomes every 2-3 weeks in PowerSchool and sending emails weekly or biweekly. If you have any questions about your child's progress, please feel free to reach out to your child's teachers.

**Healthy Hunger**

You will need to log in to your Healthy Hunger account and your child's new homeroom teacher to be able to order if you already have an existing account. If you need a new account, you can register at [healthyhunger.ca](https://healthyhunger.ca).

**Be sure to save the following dates in your calendars!**

Junior A Basketball Tournament: January 27<sup>th</sup>  
Junior A Girls Basketball Playoffs at Meadowbrook: January 30<sup>th</sup>  
Healthy Hunger Lunch with Coco Brooks: February 2<sup>nd</sup>  
Shine Bright (Neon day): February 3<sup>rd</sup>  
Professional Learning Day (NO SCHOOL): February 10<sup>th</sup>  
Red/Pink Day: February 14<sup>th</sup>  
Healthy Hunger Lunch with Taco Time: February 16<sup>th</sup>  
February Break (NO SCHOOL): February 18-26  
Sam Demma Presentation to Meadowbrook Students February 28<sup>th</sup>  
Pink Shirt Day at Meadowbrook: February 28<sup>th</sup>  
“I Got Mind” Presentation from Bob Wilkie: March 9 at 6:30pm  
Student-Led Conferences: March 15-16 from 4pm-7pm

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**Ms. D Weaver**  
**Principal**

**Mrs. D Stapor**  
**Assistant Principal**

Sincerely,

**Denise Weaver**

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